

# Warriors, Athletes and Scholars

## Sports and Thought in the Twenty-First Century

Fall 2023 Seminar (HUMC 394)



*Warriors, Athletes, and Scholars* explores the relationship between physical and intellectual life—the life of the body and the life of the mind—in the context of sports and the humanities. Why do humans invest their physical, intellectual, emotional, and spiritual energies in athletic pursuits, games, and contests? What are the virtues of all out physical competition? What are its dangers? Do sports such as football and mixed martial arts (MMA) make athletes and spectators more violent, as both individuals and groups? Are there individual and collective benefits to the exercise and viewing of athletic aggression? To pursue these questions, we will read perspectives from classical and contemporary literature.

### Fall 2023 Seminar: HUMC 394

**Dates:** Thursdays at 2-3:50 p.m.  
September 14 through October 26  
Humanities Center | Saints Hall 200-F

**Instructor:** Joshua Hall  
Department of English  
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**Details:** One (1) unit of credit  
Pass/fail only  
No prerequisites or technical skills required.  
Open to all upper division students.